if they keep talking to you about xertain women you deal with,esp.police or non-policemions,they are jealous or envious?

It can be jealousy or envy, but it can also be control, insecurity, or just plain nosiness; context and pattern matter more than any one behavior.[1][2][3]

What their behavior might mean

When people keep bringing up certain women you deal with (whether they're police or civilians), common motives include:[4][5][1]

- **Jealousy/envy**: They feel threatened by the attention, respect, or affection you give those women and try to tear them (or you) down with constant comments or gossip.[2][3][1][4]
- Control/possession: Constant questions, accusations, or monitoring who you see can be a way to control your social world and keep you dependent, especially in abusive or power-imbalanced situations.[6][2]
- Insecurity: They compare themselves to the women you talk to and feel inferior, so they criticize or question your choices to feel "above" you.[7][3][2]
- Gossip/entertainment: Some people just like drama; talking about who you're with makes them feel important or bonded to whoever they're talking to.[1][4]

Signs it's jealousy or envy

It's more likely jealousy or envy if they:[8][3][7][2]

- Make passive-aggressive or backhanded comments about those women or your interactions with them.
- Consistently criticize them or imply you have bad judgment for dealing with them.
- Act different (cold, annoyed, eye-rolling) whenever those women are mentioned or present.

- Try to isolate you from them, give you bad advice about them, or pressure you to cut contact.[6][7][2]

When it involves police or authority women

If the women are cops or connected to law enforcement, extra layers can show up:[9][10][6]

- Power/control: Someone might resent that you have ties to people with authority and try to undermine that.
- Intimidation or harassment: In some abuse situations, law-enforcement connections get dragged into control tactics, intimidation, or character attacks.[9][6]

How to handle it

How you respond depends on the relationship and how intense it is:[3][7][2][1]

- Name the pattern: Calmly say something like, “You keep bringing up the women I talk to—what’s your real concern?”
- Set boundaries: “My relationships and who I deal with are my decision. I’m not open to more comments about them.”
- Watch actions, not words: If they escalate, stalk, or try to interfere with your contacts, that’s more about control/abuse than simple jealousy and may call for distance or even legal advice.[10][6][9]

If you want to tell me exactly what they say or do, I can help you break down whether it looks more like jealousy, control, or something else and suggest specific responses.

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What are other signs someone is jealous of your relationships

How to respond when people gossip about women you know
Why might someone fixate on policewomen specifically in conversations

Someone who is jealous of your relationships usually shows it in patterns of criticism, control, and constant comparison, and you can respond by setting firm boundaries, refusing to feed the gossip, and calmly naming what they're doing.[11][12][13][14][15]

More signs of jealousy about your relationships

Common signs someone is jealous (friend, partner, family, coworker) include:[12][14][15][11]

- Constant negative comments about the people you date or befriend, or "jokes" that always put your relationships down.
- One-upping you (they rush to show off their partner, status, or hookups whenever you share something good about yours).
- Gossiping behind your back about your relationships, spreading subtle shade or doubts about your character or the women you know.
- Acting supportive to your face but going cold, shutting you down, or changing the subject when you talk about your relationship wins.
- Trying to isolate you (discouraging you from seeing certain women, hinting they're "bad for you," or creating drama to break those connections).
- Controlling behaviors: wanting to monitor who you see, asking for proof, or getting angry when you give time/attention to others.[16][14][12]

How to respond to gossip about women you know

You want to protect your relationships and your own peace at the same time:[17][13][18][15]

- Call it out directly but calm: "I've heard you've been talking about X and my friendship with her. That's not OK. I'm asking you to stop."
- Set a boundary and exit: "I don't talk about my people behind their backs. If you've got a real concern, say it to me straight, otherwise I'm not having this conversation." Then disengage.
- Don't defend endlessly; state facts once, then stop feeding them details. Over-explaining rewards the gossip and gives them more material.[13][18]
- Control your circle: if someone keeps gossiping despite being told to stop, downgrade their access to your personal life; they're not a safe confidant.[15][13]

- In work or public settings where it hurts your reputation, document, correct the record briefly (“That’s not accurate; here’s what actually happened”), and, if needed, report through proper channels.[19][13]

Why someone might fixate on policewomen specifically

When someone keeps bringing up policewomen you know, there are a few possible psychological angles:[20][16][12][19]

- Intimidation and power: Police represent authority; they may feel threatened that you have relationships with women who carry legal or social power, so they focus on them to cut that power down or scare you away from it.
- Envy of status: They may envy the respect, uniform, or social standing those women have, and talking about them is a way to attack that status indirectly.
- Control and fear of exposure: If someone is abusive, shady, or breaking rules, they may be anxious that your ties to law-enforcement women could expose them; fixation becomes a way to monitor and discourage that connection.[21][22][16][19]
- Sexual or gender hang-ups: Some people have strong reactions to women in traditionally “masculine” jobs; they may sexualize them, resent them, or see them as a challenge, which turns into constant comments.
- Plain jealousy of access: They might simply want the kind of connection you have with those specific women and resent that you’re the one who has it.[11][12][20]

A simple script you can use

If someone keeps circling back to “those policewomen” or any women you know, you can use a short script and repeat it:

- “You keep bringing up the women I know. It comes across as jealous and disrespectful. My relationships are not up for group discussion.”
- If they push: “I’m not debating this. Change the subject, or I’m done talking.”

If you describe one or two exact situations (what they said, where you were, who else was present), I can help you craft very specific word-for-word responses that fit your style and keep you in control of the interaction.

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How to set boundaries with jealous friends

Psychological reasons for targeting authority figures like police
Ways to protect relationships from external gossip

Setting boundaries with jealous friends involves clear communication, firm limits, and selective sharing, while psychological targeting of authority figures like police often stems from resentment of power or control issues. Protecting relationships from gossip means building trust, being selective with info, and shutting down rumors early.[24][25][26][27][28][29]

Setting boundaries with jealous friends

Jealous friends need direct, calm enforcement to reset the dynamic:[27][28][29][24]

- Recognize envy signs first (backhanded compliments, negativity after your wins), then use “I” statements: “I feel dismissed when my good news gets a negative spin. I need supportive talks only.”
- Be specific about limits: “I won’t discuss my relationships or achievements if it leads to criticism. Let’s keep it positive or change topics.”
- Test trust gradually: Share low-stakes info first; if they gossip, pull back access permanently.
- Exit if needed: “This conversation isn’t working for me; I’m stepping away.” Follow through every time.
- If it persists, downgrade the friendship or end it—protect your energy over forced loyalty.[28][24][27]

Psychological reasons for targeting authority figures like police

People fixate on or attack authority figures (police, bosses, etc.) due to deep insecurities and power dynamics:[25][30][31]

- **Power resentment**: They envy or fear the control/authority those figures hold, so criticizing them feels like leveling the field or asserting dominance.
- **Insecurity/control needs**: Low self-esteem or narcissistic traits make them lash out at symbols of strength to compensate for their own feelings of powerlessness.

- **Threat to status**: Your connection to a policewoman threatens their influence over you; they target her to break that bond and regain control.
- **Projection/abuse patterns**: Abusers often hate authority that could expose them, turning fixation into sabotage or stalking behaviors.[30][25]
- **Cultural distrust**: Broader biases against police (perceived disrespect or bias) can amplify personal jealousy into targeted attacks.[31]

Ways to protect relationships from external gossip

Shield your connections by controlling info flow and modeling better behavior:[26][32][33]

- Be selective: Only confide in proven trustworthy people; say upfront, “This stays between us—no sharing.” Test with minor details first.
- Shut down gossip immediately: “I don’t talk about people not here. Let’s drop it.” Or redirect: “Instead of speculating, what’s good in your life?”
- Build strong foundations: Communicate openly with the women you know so rumors don’t shake trust; transparency kills gossip’s power.
- Don’t engage or defend publicly: A simple “That’s not accurate” or silence starves the fire. Avoid oversharing on social media.
- Prevent by example: Never gossip yourself; defend absent friends and walk away from toxic groups.[32][33][26]

Quick boundary script for jealous friends

Next time a friend gets fixated or gossipy:

“Hey, I’ve noticed you keep [negative comments/gossiping] about my friends, especially the policewomen. It feels jealous and hurts our friendship. Going forward, I need positive support or no discussion of them. Cool?”

If they violate it: “That crossed the line we talked about. I’m not available for this now.” Then mute/block as needed.

This keeps you in control without drama. If these friends tie into your martial arts or coaching circles (like gym drama), let me know for tailored advice.

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They tried to frame or framed somebody because he would blank a a certain corrupt cop or non-cop

Framing someone because they wouldn't back down from or "blank" (ignore, confront, or refuse to comply with) a corrupt cop or non-cop is a classic abuse-of-power tactic rooted in retaliation and control.[34][35][36][37]

Common framing motives tied to refusal

Corrupt individuals (police or civilians with influence) often frame those who resist them to neutralize threats:[35][37][34]

- **Retaliation for defiance**: You "blank" them (call out corruption, refuse bribes/blackmail, or won't stay silent), so they plant evidence or coerce false witnesses to discredit and lock you up. Real cases like Biscayne Park (police chief framing innocents for stats) or Chicago's corrupt squads show this exact pattern.[34][35]
- **Protecting their racket**: If they're running drugs, protection schemes, or cover-ups, your refusal to play along makes you a loose end; framing shifts focus to you as the "criminal." Honolulu PD officers got sentenced for this after targeting a non-compliant witness.[37]
- **Power display**: Corrupt cops/non-cops frame to intimidate others—showing "cross me, and I'll bury you"—often hitting vulnerable people (minorities, outspoken locals) hardest.[36][38][35]

Real-world examples

- **Biscayne Park scandal**: Chief ordered false arrests of Black men for burglaries just to fake a 100% solve rate after residents pushed back on unsolved crime.[34]
- **Reynaldo Guevara (Chicago)**: Framed 50+ Latinos for murders by beating confessions and rigging IDs from people who wouldn't cooperate with his interrogations.[39][35]

- **Baltimore teens**: Detectives framed kids for murder after they wouldn't give false statements implicating others.[36]

How to protect against it

If someone's trying this on you or someone you know:[35][36]

- Document everything: Save texts, record interactions (check NY one-party consent laws), note witnesses.
- Never go alone: Lawyer up immediately; don't talk without one. Report to internal affairs/FBI if it's cops.
- Go public strategically: Use bodycams, community allies (like your martial arts network), or media if safe.
- Build alliances: Connect with the "certain women" (police or not) you mentioned—uncorrupted ones can verify your story or provide protection.

If this is happening now (e.g., in Bay Shore or your Elmira circles), give specifics—who, what evidence they're pushing—and I can outline exact next steps, like NYPD oversight contacts or legal aid. Stay safe; this is serious.

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And stole my guns and prizes possessions

Stealing guns and prized possessions as retaliation fits the pattern of corrupt cops or their civilian allies punishing defiance, often under the guise of "evidence seizure."[44][45][46]

How this theft tactic works in corruption

Corrupt actors exploit access and authority to grab valuables during stops, raids, or "investigations":[45][46][47][44]

- **Opportunistic grabs**: They take guns, cash, jewelry, or collectibles from your home/car/person, log only a fraction (or nothing) as evidence, and pocket the rest for personal use or resale. Evidence rooms become black markets for this.[46][44]

- **Framing combo**: Paired with planting evidence, it's a one-two punch—you lose your stuff, they "find" contraband to justify arrest. Seen in cases like Paterson NJ PD (officers stole drug money from safes) or LAPD Rampart (theft + framing).[45][46]
- **Non-cop enablers**: Civilians with police ties (informants, dirty associates) tip them off or handle fencing; sometimes they impersonate cops for home invasions masked as "warrants."[44][46]

Real patterns from cases

- NJ Sgt. Cheff: Stole thousands from suspects' homes/safes during drug stops, split with squad, reported pennies.[45]
- Baltimore Gun Trace Task Force: Robbed homes, stole guns/cash, planted drugs to cover it.[46]
- General NYPD/CCPC reports: Frequent theft claims during arrests where property "disappears" from lockups.[48]

Steps to fight back and recover

Since you're in NY (Bay Shore area), act fast—statute limits apply:[49][50][51]

- **File immediately**: Report theft to NYPD Internal Affairs (212-741-8401) or NY AG's Police Accountability hotline. Demand property receipt/inventory; if none, it's tampering proof.
- **Federal route**: FBI tips.fbi.gov or Civil Rights Division (lawenforcement@usdoj.gov)—theft + framing = 18 USC 242 violations. Mention guns (serial #s if you have them).
- **Legal help**: Contact Legal Aid Society (212-577-3300) or NYCLU for free eval; they handle cop misconduct suits. Inventory everything stolen (photos, receipts, serials).
- **Protect now**: Change locks, get Ring cams, tell trusted police contacts (the "good" women you know). No solo confrontations.
- **Martial arts network**: Rally gym/Dragon Kenpo folks as character witnesses; community pressure works.

If you list specifics (when/who took them, any receipts or witnesses), I can pinpoint exact NY forms or lawyers. This is recoverable—many win back property + settlements. Stay

documenting.

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What was the outcome for officers in the Biscayne Park framing case

Details on Chicago Sgt Ronald Watts framing scheme
What caused the LAPD Rampart scandal with Rafael Perez

Biscayne Park framing case outcomes: Former Chief Raimundo Atesiano got 3 years in federal prison after pleading guilty to conspiring to violate civil rights by ordering officers to falsely arrest Black men and a teen for unsolved burglaries, just to fake a 100% clearance rate. Officers Guillermo Ravelo (2 years 3 months), Charlie Dayoub, and Raul Fernandez (1 year each) also pleaded guilty and served time for their roles; victims' charges were dropped or overturned.[53][54][55]

Chicago Sgt. Ronald Watts framing scheme: Watts ran a corrupt racket in Chicago's Ida B. Wells projects, shaking down drug dealers for "taxes" and framing non-payers by planting drugs/guns or coercing false testimony. He targeted resisters, leading to dozens of wrongful convictions; exposed in 2012 after an informant flipped, but he retired with pension—internal probes stalled, though some convictions were vacated years later.[56][57]

LAPD Rampart scandal cause with Rafael Perez: Perez, an anti-gang CRASH officer, confessed in 1999 to stealing 8kg cocaine from evidence, sparking the probe. It uncovered systemic corruption: framing suspects (50+ cases), planting evidence, unjustified shootings, bank robberies, and perjury by officers. Perez cut a deal for immunity, implicating 70+ cops; led to 140+ overturned convictions, massive lawsuits, and departmental overhaul.[58]

These cases match your situation—corrupt actors retaliate against defiance by framing and theft. Document everything and loop in federal oversight if local stonewalls.

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